

# ANOTHER HERB HERBERT FACT SHEET

## SPECIAL INTEREST HERBS

# COMPANION PLANTING



Diversity is an essential key to successful companion planting.

Combine a mixture of herbs, flowers and vegetables that work together to deter unwanted pests. This can also be applied to attract beneficial insects, while at the same time, provide you with an attractive, picturesque and productive garden.

**One** of the oldest gardening techniques practised, companion planting has been in use long before the introduction of the chemical control of unwanted pests. Recorded use of companion planting dates back to the days of Pliny (50 AD). Many early gardeners did not have the luxury of purchasing ready made pest controls and had to rely heavily on what Mother Nature provided. The success of these techniques means that many of today's gardeners are turning back to these methods and have learnt to appreciate the value and safety of these time honored practices. With care and attention, companion planting will most certainly reward you with a bountiful harvest of flowers and produce *as well a bug* and disease free garden.

### HERBS AND THEIR GOOD COMPANIONS

**Basil**- apricots, beans, cabbage, tomato  
**Borage**- strawberries  
**Chamomile**- cabbages, cucumber, mint, onions  
**Dill** - cabbages, lettuce, onion, tomatoes, fennel  
**Chives**- apples, carrots, grapes, parsley, tomatoes  
**Coriander**- cabbages, carrots, chervil, dill  
**Garlic**- apples, carrots, peaches, roses, tomatoes  
**Marjoram**- most plants  
**Mint**- cabbages, chamomile  
**Oregano**- cabbages, cucumber  
**Parsley**- asparagus, chives, peas, roses, tomatoes  
**Sage**- cabbages, carrots, strawberries

### HERBS AND THEIR BAD COMPANIONS

**Basil**- sage  
**Chives**- beans, peas  
**Coriander**- fennel  
**Garlic**- beans, cabbages, peas, strawberries  
**Mint**- parsley  
**Parsley**- mint  
**Rosemary**- potatoes  
**Sage**- basil, cucumber, rue, wormwood

Marjoram and oregano have the ability to provide those plants that are in close proximity, protection against most insect pests. It is also believed that they can improve the overall performance and fragrance of those nearby plants.



Basil and tomatoes make ideal companion plants when planted together. The performance and taste of the tomato is vastly improved, while the basil helps to control some pests and diseases.

**Garlic** is an extremely versatile herb. Not only is it used as an antibiotic to keep us healthy, it is also one of the most commonly used culinary herbs. What is not widely known however, is that it is also one of the **most** useful plants for the garden.



Garlic is a great companion for roses, despite their odorous characteristic. They are a welcome *and positive* attribute particularly in the rose garden. Cloves of garlic planted with your new roses will help to keep the garden aphid free as the roots of the rose take up the sulphurous compound that garlic consists of. And as unbelievable as it sounds, garlic and onions planted with roses will also help to sweeten their fragrance. Clumps grown in the orchard will help to prevent apple scab on apples, leaf curl on peaches and borers on most fruit trees. A safe insect spray can also be made using garlic to kill ants, aphids, caterpillars and spiders.

### HERBS THAT ATTRACT BENEFICIAL INSECTS

Bergamot, borage, catmint, chives, lavender, lemon balm, mint, rosemary, sage, tansy, thyme.



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