

ANOTHER HERB HERBERT FAVOURITE HERBS

FACT SHEET

Thyme Silver Queen

Thymus x citriodorus 'Argenteus'



Any enquiries can be directed to:
HERB HERBERT P/L
PO Box 24 Monbulk
Victoria 3793 AUSTRALIA
E-mail: herb@herbherbert.com

More than 300 species of small, evergreen, aromatic, perennials, and sub-shrubs belong to this genus.

Many thymes are good garden plants, with a neat habit, fragrant foliage and colorful flowers. They are ideal for rock gardens, walls and containers.

All thymes are rich in volatile oil, which consists mainly of thymol, a powerful antiseptic. The oils varies considerably in composition between species and from plant to plant.

DESCRIPTION

Thymus x c. 'Argenteus' is the same as lemon thyme and lemon variegated thyme except the leaves are edged in silver with the distinct lemon-scent. Pale pink flowers appear in summer.

PARTS USED

Whole plant, leaves, flowering
Tops, oil.

PROPERTIES

An aromatic, decongestant, relaxant herb with a strong lemon scent.

USES OF THE HERB

Culinary

Leaves provide a lemony flavour to savoury dishes, such as fish, poultry, and vegetables.

Aromatic

Dried leaves are added to potpourris and herb pillows.

Medicinal

Oil is not as strong as other thyme oils, and is used in aroma-therapy for asthma and other respiratory complaints, notably in children.



CULTIVATION

Prefers well-drained soil in full sun. Established plants may be pruned quite hard in early spring, or lightly after flowering; remove dead flower heads to encourage bushiness. Remove green shoots of to maintain variegation.

HARVEST

Leaves are harvested as they are needed. Use fresh or dry for later use.

Height 20-30cm (8-12in) x
Spread 30-40cm(12-16in)

